



# MENU

MONDAY-FRIDAY 11AM- 3PM  
5211 BROADWAY 716.288.7007  
CALL AHEAD ORDERING FOR PICK UP OR DINE IN

CLEAN EATING // COMFORT FOODS

**AUTUMN ORCHARD SALAD \$10.50**

FRESH BABY SPINACH, GRANNY SMITH APPLES, SHARP CHEDDAR CHEESE, MANDARIN ORANGES, HONEY ROASTED WALNUTS, HOUSE DARK BALSAMIC DRESSING // ADD CHICKEN: \$5

**SANTORINI SALAD \$10.50**

FIELD GREENS, CRISPY FRIED PITA, CHOPPED TOMATOES, FETA CHEESE, CHICKPEAS, MEDITERRANEAN OLIVES, ROASTED GARLIC VINAIGRETTE // ADD CHICKEN: \$5

**ORIENTAL GRAIN BOWL \$12**

ORANGE GLAZED CHICKEN, GRILLED SHISHITO PEPPERS, CRISPY SWEET POTATOES, QUINOA & COUSCOUS BLEND, FRESH SCALLIONS

**RECHARGE BOWL \$12**

GRILLED HERB MARINATED CHICKEN, RICE, FRESH KALE, GRILLED SWEET CORN, ROASTED TOMATOES, GARLIC VINAIGRETTE

**COFFEE FOR TWO \$3.50**

FRENCH PRESS REGULAR OR DECAF

**CANS OF SODA \$2.00**

COKE, DIET, SPRITE, GINGER-ALE

**BBQ CHICKEN TACOS \$10.50**

BOURBON BROWN SUGAR BBQ CHICKEN, FRESH LETTUCE, DICED TOMATO, CHEDDAR CHEESE, SRIRACHA AIOLI

**GOODBYE TO SUMMER WRAP \$10.50**

HERB MARINATED GRILLED CHICKEN, FRESH MOZZARELLA, SLICED STRAWBERRIES, BABY SPINACH, BALSAMIC GLAZE

**POACHED PEAR SALAD \$10.50**

FIELD GREENS, VANILLA & BOURBON POACHED PEARS, DRIED CRANBERRIES, NUT CRUSTED GOAT CHEESE, ENGLISH CUCUMBER, DARK BALSAMIC DRESSING

**SMOKED TURKEY MELT \$10.50**

SLICED TURKEY, SHREDDED LETTUCE, ROASTED ROMA TOMATOES, CRISPY BACON, AVOCADO, HOMEMADE ORANGE MARMALADE

**CREAMY DREAMY BISTRO PASTA \$10**

GRILLED HERB MARINATED CHICKEN SERVED OVER CAMPANELLE PASTA WITH A HOMEMADE GARLIC CREAM SAUCE